

**We offer a range of SAFELY performed professional services in order to prevent, treat and rehabilitate**



**Initial health assessment from £45 includes:**

- ✍ General complaints assessment
- ✍ Body observation & palpation
- ✍ Trigger points' detection
- ✍ Fascio-mio test
- ✍ Treatment scheme prescription

**Microcapillary diagnostic test £25**

**offers:**

- ✍ not-invasive 260,000.00 expanded view with the analysis of the capillary systems and organs

**Hirudotest £25 suggests:**

- ✍ trial of a single leech application

**Live leech applications from £25**

**VIP leech therapy package includes:**

- ✍ Muscle stretch/ joint & spine decompression exercises
- ✍ Thumper massage improving body fluids micro-circulation
- ✍ Cup massage
- ✍ Wet Cupping
- ✍ Live leech application
- ✍ The synergetic Tibet Singing Bowls session followed by an herbal tea

THE BRITISH ASSOCIATION OF HIRUDOTHERAPY  
*Hirudo medicinalis: professional use, protection & promotion*

BRITISH ASSOCIATION  
OF HIRUDOTHERAPY  
(BAH)

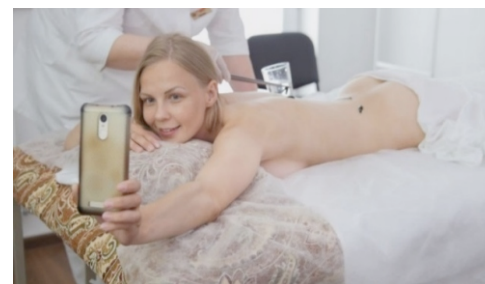
[WWW.BAH.TODAY](http://WWW.BAH.TODAY)

ALL OUR SAFE PRACTITIONERS ARE WELL TRAINED & PROFESSIONALLY QUALIFIED, FULLY INSURED, REGISTERED WITH GRCCCT, LICENCED, WORKING IN PARTNERSHIP WITH AND UNDER SUPERVISION OF

**WE AIM TO OPERATE IN 7 CLINICS IN 2020, 20 in 2022 & 600 CLINICS IN 2025 in the UK**

**TRAIN AND WORK WITH US !**

Books of the BAH members



**Visit us for treatment in London at:**

21 Bond street Ealing W5 5AP,  
538 Leabridge Rd. E10 7 DT,  
107 Turnpick Lane N8 0DY

**Call: +44 7900000790**

**E-mail: [bah.duremar@gmail.com](mailto:bah.duremar@gmail.com)**

**Welcome from Nina Barbora Director of the British Association of Hirudotherapy**



LEECH THERAPY (or HIRUDOTHERAPY) is known for more than 7 thousand years and has been part of Traditional, Complementary and Alternative medicine all over the world. (WHO, 2014).

LEECH THERAPY is applicable for over **440 CHRONICAL HEALTH DISORDERS** and is very effective fighting insomnia, depression, panic attacks, high blood pressure, cardiovascular problems and much more (see the full list)

THE MOST REMARKABLE DISCOVERY OF THE 21st CENTURY ABOUT LEECHES IS THAT BECAUSE OF ITS WAVE, SOUND AND NEUROLOGICAL ABILITIES **LEECH CAN NEUTRILISE THE HARMFUL EFFECTS OF COMPUTERS, MOBILE PHONES AND OTHER GADGETS ON HUMAN BODY BY CLEARING THE NEGATIVE ULTRAMAGNETIC FIELD AND RADIATION**

IT IS ALSO A VERY EFFECTIVE METHOD FOR HELPING COUPLES WITH **CONCEPTION, DELIVERING HEALTHY BABIES, SORTING OUT FEMALE AND MALE SEXUAL DISORDERS, INCL PAINLESS PERIODS AND SMOOTH MENOPAUSE** (KRASHENIYK, BAH, 2008-2019)

LEECHES CAN HELP NEUTRILISE SIDE EFFECTS OF ALCOHOL AND CHEMICAL DRUGS INTAKE

Leech Therapy can be successfully built in into your wellness plan as it offers many benefits for improving and maintaining your physical and mental well-being. There are huge potential for positive results based on its long term safe practice (Berndtson, 1998; Hess, 2002; Maizes et al., 2002; Snyderman and Weil, 2002)

## HISTORICALLY PROVEN INDICATIONS

### INDICATIONS for Leech Therapy:

**Beauty:** cellulite - wrinkles – hair loss - spider veins

**Cardio-vascular diseases:**

High blood pressure- hypertension/ myocardial infarction – Ischemic heart disease- poor blood circulation - myocarditis

Pre-stroke or post-stroke conditions, lower extremity arterial disease – arterial and vein thrombosis - ulcers

**Dental diseases •**

**Ear/nose/throat diseases:** - vestibular neuritis - otitis - nose and sinus diseases - chronic tonsillitis - tinnitus •

**Endocrinology:** - diabetes - cyst of the thyroid gland - goitre

**Gastroenterology:** - chronic gastritis - peptic ulcer disease - cholecystitis - gallstones - colitis, pancreatitis

**Injuries:** - contusions, broken skin, haematoma, oedema

**Metabolic disorders:** - obesity, gout, diathesis

**Neurology:** - blood vessel disease of brain and spinal cord - spinal osteochondrosis - radiculitis - neuropathies of skull, brain and cranial nerves - neuritis, neurosis, neuralgia, insomnia

**Ophthalmology:** - keratoconus, conjunctivitis - detached retina - inflammatory eye disease - eye injuries - glaucoma •

**Proctology:** - haemorrhoids

**Rheumatology:** - rheumatism - rheumatoid arthritis - scleroderma

**Respiratory:** bronchial asthma, pneumonia

**Sexual health –** multiple disorders

**Skin diseases:** carbuncles and furuncles, age spots, scleroderma, hair loss, eczema psoriasis

**Urology:** - kidney stones - kidney disease - chronic prostate problems - varicose veins in testicles, etc.

**Women's health:** - mastitis, myoma, cysts - infections and inflammatory diseases - chronic uterine and appendage diseases, PAINLESS PERIODS, HEALTHY CONCEPTION & SMOOTH MENOPAUSE.

## AND CONTRAINDICATIONS FOR THE THERAPEUTIC USE OF MEDICAL LEECHES

WE ACHIEVED A HUGE SUCCESS  
IN NATURAL CONCEPTION  
HEALTHY PREGNANCY AND  
HEALTHY BABIES DELIVERY!

THE REPORTAGE ENJOYED BY  
9 MILLION READERS  
OF THE DAILY MAIL, THE SUN & METRO!

Follow us on Instagram: nina\_barbora\_leech\_uk



### CONTRAINDICATIONS for Leech Therapy

1. Anaemia
2. Haemophilia
3. Pregnancy
4. Very low blood pressure (prolonged)
5. Severe exhaustion
6. Strong allergic reaction to insect bites
7. Any diagnosed blood disorder
8. Recent treatment with anticoagulants
9. Chronic alcoholism
10. Hepatitis (any variety)
11. HIV / AIDS

## RAPEUTIC USE OF MEDICAL LEECHES

BAH SETS HIGH STANDARDS AND  
GUARANTEES SAFE PRACTICE IN  
LEECH THERAPY

Since 2015 BAH Practitioners granted admission to GRCCT (General Regulatory Council for Complementary Therapies) are seen to meet General Medical Council guidelines for GP referral and NHS Patient Safety Criteria for work in Cancer, Palliative Care Units and hospices.

### INTERESTING-STATISTICS:

Several studies have been made to examine the extent to which complementary medicine (CAM) services are being incorporated into physicians' practices. Berman and colleagues (1995) surveyed physicians' attitudes toward CAM and found a high interest in such services. Furthermore, they found that some therapies were already used by responding physicians. Of the 18000 respondents, more than 90 percent considered legitimate medical practices to include diet, exercise and other CAM .IN ADDITION, 50 PERCENT BELIEVED THAT HIRUDOTHERAPY (LEECH THERAPY) AS WELL AS BLOODLETTING & WET CUPPING WERE LEGITIMATE MEDICAL PRACTICES FOR MALE & FEMALE HEALTH ENHANCEMENT AND COUPLES TREATMENT.

IT IS WORTH TRYING NOW!



To book please email [bah.duremar@gmail.com](mailto:bah.duremar@gmail.com)  
or call 02036328268 / 07900000790